

Sign of Hope!

- 91 cents of every dollar donated go directly to client services
- the Sign of Hope is a vital source of funds for programs offered by Catholic Social Services
- the goal of the 2009 campaign is \$2.4 million

Catholic Social Services

- serves and employs people of ALL faiths and cultures
- helps more than 60,000 people each year
- offers more than 100 programs to the community
- respects the physical, emotional, psychological, and spiritual dimension of each human being
- achieves international accreditation for the high quality of its service provision and administration
- provides services in communities throughout central and northeast Alberta including Edmonton, Bonnyville, Camrose, Cold Lake, Lloydminster, Red Deer, Vermilion, Wainwright, and Wetaskiwin

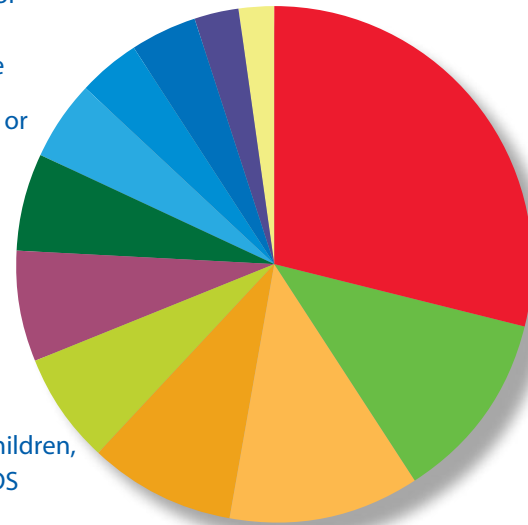
We respect our donors' right to privacy and confidentiality. We do not sell or trade your name, use third party fundraisers, or solicit by phone or door-to-door



it's time. please give.
www.signofhope.ab.ca

Your gift to the **Sign of Hope** will be used wisely – 91 cents of every dollar you donate go directly to programs that benefit those in need of emotional, physical and spiritual help in our communities.

- 2% alleviates poverty
- 3% helps mothers, children, and families affected by Fetal Alcohol Spectrum Disorder (FASD)
- 4% provides housing and support for women and their children who are leaving domestic violence and abuse
- 4% helps persons with physical and or developmental disabilities
- 5% helps seniors who are experiencing abuse or neglect
- 6% helps persons recovering from drug/alcohol addictions
- 7% helps "street" youth
- 7% provides care and support for children, women, and men living with HIV/AIDS
- 9% provides spiritual life and volunteer resource services
- 12% provides in-home supports for families "at risk"; parent teen mediation; foster care and family links
- 12% assists new Canadians as they adjust to life in our community
- 29% provides individual and family counselling; psycho-educational workshops; and adoption services



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Questions? Please contact:

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Catholic Social Services

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2009 Sign of Hope Campaign

The **Sign of Hope** campaign is operated by the Sign of Hope Society (registration number 88962 5349 RR0001), a subsidiary of Catholic Charities.

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It's time.



When is the right time to help someone in need?

For a mother and child living with the daily threat of domestic violence, or for a teenager forced into sexual exploitation, or for a pregnant mother with substance abuse issues, the time is now.

The time is now for these and the 60,000 other people of all religious, cultural and social backgrounds that Catholic Social Services helps each year in our communities.

With your support of the Sign of Hope fundraising campaign, Catholic Social Services can continue to identify and meet the needs of ALL members of our community with compassion – and give them hope.

Sign of
Hope!

in support of Catholic Social Services

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it's time. for doors to open.

Safe House provides shelter and support services for youth who are at risk of sexual exploitation or who are being sexually exploited through their involvement in prostitution. At Safe House, youth are given a safe place to lay their heads at night along with counselling and access to community resources to help build a healthy life for themselves and end the nightmare of life on the street.

In addition to Safe House, Catholic Social Services provides the following programs to help provide supportive housing in our community:

- Rotary Centre for New Canadians
- Alpha House
- Jasper Avenue Complex

*"I wouldn't have made it off the street without **Safe House**."*

it's time. to stop the abuse.

La Salle offers housing and support for women and their children who have left their homes in order to escape domestic abuse and violence. Here, women receive the support and counselling they need to become healthy, stable and self-sufficient. In addition, children receive support and counselling to help break the cycle of abuse.

By offering a safe place for women and their children, La Salle does more than provide shelter: it builds community.

In addition to La Salle, Catholic Social Services provides the following programs to help end domestic violence in our community:

- Elder Adult Resource Service
- Family counselling
- Anger Management workshops
- Parent Teen Mediation

it's time. for first steps.

For women whose own lives are in turmoil, accepting responsibility for an unborn child can seem an insurmountable task. Through **First Steps**, women who are at high risk of giving birth to a child with FASD (Fetal Alcohol Spectrum Disorder) are given support, counselling and mentorship to help both mother and baby get a healthy start in life. First Steps is offered to women who are pregnant or who have recently given birth and have used drugs or alcohol during their pregnancy.

In addition to First Steps, Catholic Social Services provides the following programs to help address the issue of FASD:

- Coaching Families
- Step by Step
- McDaniel Youth Program

"No building or camera system keeps us safe – it's community. A healthy community supports us in making the best decisions for ourselves, and our children."

*"**First Steps** showed me I could become a stable, sober parent."*

